

Substance Abuse Coalition of Kanabec County

Better Choices | Better Life



Substance Abuse Coalition
of Kanabec County

TUESDAY, March 7, 2017 (8:00 a.m. - 10:00 a.m.)
Kanabec County Jail Training Room - 100 S. Vine Street, Mora

Coalition Mission: *The Substance Abuse Coalition of Kanabec County promotes healthy choices in the community through prevention and collaborative partnerships for the reduction of alcohol, tobacco and other drug abuse among youth and residents.*

<p style="text-align: center;">Present</p>	<p>The meeting was held at the Kanabec County Jail Training Room.</p> <p>Amber Aasen (Schools - Olgilvie), Sarah Ellstrom (Schools – Mora), Alex Gerhardson (Law Enforcement), Cara Keinanen (Youth-Serving), Sandy Juettner (SACK Communications Consultant/Business), Brittany Krippner (Other Organization), John Lindblom (Healthcare) Danielle Linkert, (Local Government), 2 youth representatives from Olgilvie’s OWN IT!, Andrew Magaard (Law Enforcement), Lenore Martens (Volunteers - Schools), Barbara McFadden (Co-Chair: Justice and Corrections), Patti Miller (SACK Coordinator), Kari Moe (Youth-Serving), youth representatives from Mora’s Above the Influence (MATI), Doris Mork (Other Organization), Les Nielsen (Local Government), Amber Smith (Healthcare), Brian Smith (Law Enforcement), Judy Soderstrom (Faith), Brent Thompson (Healthcare), Jenilee Telander (Regional Prevention Coordinator), Vicki Vander Vegt (Other Organization), Joy Wuestenhagen (SACK Assistant), and Deb Wright (Healthcare).</p>
<p style="text-align: center;">Introductions & Announcements</p>	<p>Announcements</p> <p>Txt 4Life Statewide Conference will be held on April 4-5, 2017, Grand Casino Hinckley, Minnesota. For more information and to register, visit www.TXT4Life.org! Topics will focus on culturally responsive best practices:</p> <ul style="list-style-type: none"> • Effective approaches to suicide prevention • Strategies for outreach to adult white males and Native youth • Native approaches to crisis services • Tools to help those who are struggling with addiction and chemical dependency discover hope and long-term recovery • Research and evidence based Native healing approaches for historical and current trauma that directly impact opiate addiction and suicide <p>ATI Updates/Activities</p> <ul style="list-style-type: none"> • During the week of February 13th the students had Random Act of Kindness. The students gave out hot chocolate with “Respect Yourself Be Drug Free”. • The students will also participate in Kick Butts Day on March 15th is a national day of activism that empowers youth to stand out, speak up and seize control against Big Tobacco. Students will be advocating against big tobacco by providing information to other students and bringing more awareness to youth about the dangers of tobacco. Messages will also be provided by messages drawn on the sidewalks with chalk. • Students will also do an environmental scan at Library Park with local Kanabec County deputies to look for signs of tobacco and drug abuse/use. <p>OWN IT – Updates/Activities</p> <ul style="list-style-type: none"> • Students made a wood puzzle which highlighted each homeroom received a puzzle piece to decorate showcasing a positive message. The students put the puzzle together at the March 3rd assembly. Brian Smith was there to lend a hand. The puzzle will be glued together and displayed in the school’s lobby. • Bake sale was held on March 6th and was a sold out event. The proceeds will go to a senior scholarship. • The week of March 13th will highlight Kick Butts.

Epi Group Updates

- The group went through 70 pages of data, narrowed down the information to 20 pages and the data to five or six tables that it felt would be useful data to the Epi Group.
 - Data included perceived risk of harm, perception of others in the community disapproval of substance use (community members, parents, peers) compared to actual use.
 - The data then needs to be paired up with SACK’s strategies and re-evaluate what the coalition needs to be working on next.
 - Also that the data shows any advances with regard to the coalition’s efforts and strategies.
- Deacon will then take prior and new information, along with the strategies and provide the collation with his research report on what the coalition, student and community need to focus on. Deacon’s report should be available by the first part of April.
- The survey showed that students were more concerned with the perception of use rather the amount of use of substance use.

Running with the Law 5K

- April 8th, 9:00 a.m.-registration and run-10:00 a.m.
- Registration can be found online at: runningintheusa.com

Kanabec County Sheriff’s Office - February Stats

- Two parties were busted within the last week.
- There was a press release on February 6 from the Department of Health regarding recent meth seizures by law enforcement. It highlights the growing meth problem in Minnesota. To view the press release, go to: <https://dps.mn.gov/divisions/ooc/news-releases/Pages/record-amounts-of-drugs-seized-in-minnesota.aspx>.
- Meth use has created more public safety issues ranging from hospitalizations, jail time and flight from law enforcements involving car theft and motor accidents.

2017 Drugs	Manu- facture Marijuana	Possession (large) Marijuana	Possession (small) Marijuana	Manu- facture Meth	Possess Meth	Controlled Substance Possession				
						opiates	stimulants	depressants	hallucinogens	other
January			3		4					
February			4		2	1				

Incident by Age										
12-17			1							
18-25			5		1					
26-45			1		5	1				
46-64										
65+										
	0	0	7	0	6	1	0	0	0	0

Incident by Gender										
Male			6		3	1				
Female			1		3					
	0	0	7	0	6	1	0	0	0	0

2017 DUI	4th Degree	3rd Degree or More	Motor Vehicle Accident	Refusal
January	1	2		1
February	2	1		

Incident by Age				
12-17				
18-25		1		
26-45	1	1		1
46-64	2	1		
65+				
	3	3	0	1

Incident by Gender				
Male	1	1		1
Female	2	2		
	3	3	0	1

Minor Consumption			
MONTH	Males	Females	TOTAL
January	12	6	18
February	9	7	16

Citations - Furnishing Alcohol to a Minor			
MONTH	Males	Females	TOTAL
January			0
February			0

Social Host Ordinance			
MONTH	Males	Females	TOTAL
January			
February			0

Juvenile Tobacco			
MONTH	Males	Females	TOTAL
January			
February	4		4

<p style="text-align: center;">General Business</p>	<p>Review & Approve By Laws Barb McFadden went over the current By Laws for any suggestions and/or revisions. The following articles needed to be revised:</p> <ul style="list-style-type: none"> • Article 2 - The Mission and Vision Statement: <u>Vision and Mission statement need to be revised to reflect the Coalition's goals.</u> • Article 5 - Officers - <u>The name Kanabec County Public Health – needs to be updated to Kanabec County Community Health.</u> • Article 7 - Amendments of Bylaws - <u>Subject to change with regard to mission/vision/sustainability.</u> <p>The coalition was asked if they would like to vote on amending the Bylaws as discussed. It was voted by a show of hands to amend the Bylaws as discussed. The members also discussed the need for an election of a new co-chair.</p> <p>Mission and Vision Statement – There will be future discussion to revise the Mission and Vision statement to reflect sustainability of the coalition.</p> <p>Coalition members were asked to fill out a new Coalition Involvement Agreement (CIA) and Release.</p>
<p style="text-align: center;">Sustainability Workgroup & Community Forum/Events Workgroup</p>	<p>Discussion was held regarding sustainability and community forums/events.</p> <ul style="list-style-type: none"> • Chasing the Dragon presentation was suggested for community outreach and if the subject matter would be appropriate and helpful at a community forum. • The coalition goal is to have local colatoration with the different resources with in the community. By promoting and/or identify community health issues, including prevention, highlight local support from law enforcement, judicial and educators. Logistics, promotion of the event, resources – available funds and donations must be reviewed. • A park event was discussed what could be entitled “take back the park”, “presence in the park”. Discussions would include ways to improve the environment at the park. • Also, a parent/tool kit mini series was discussed. <ul style="list-style-type: none"> ○ This series of events could be held at a longer period of time to create and keep interest within the community and promote more coalition involvement. ○ Clips from Chasing the Dragon could be incorporated in the parent tool kit. ○ Encouragement of local community members to present topics regarding social media, suicide awareness, how to be drug free, etc. ○ There was discussion of a presentation entitled “Talk, Early Talk Often to your Kids about Substance Abuse”, which could be broken down into four different one hour topics at school. ○ May, June, July and August the coalition could hold an event in the park, perhaps kicking off the event in May for students. Ideas, yoga in the park, music in the park. September and October – do another mini series tool kit – protecting our kids substance abuse prevention. The goals of the community events is to 1) show the community that the coalition is here and 2) sustainability purposes. ○ Coalition members suggested the “language” of the tool kit is somewhat scary. Making the language applicable to how to talk to your children about alcohol and drugs – instead of “substance abuse”. More “healthy kids – sound body” or “guide for healthy kids” could also be used. ○ Mental health side should not be ignored and should be addressed because it does go hand in hand with substance abuse. ○ Speaker, Tom Cody from Top 20 for Teens was also suggested. He is an excellent speaker who has a parent component to his presentation. It talks about how kids make the affordable mistakes now and not have to make them when they are older (drug use or car accidents). That allowing them to make their mistakes now will help them grow and learn from those mistakes. This could bring a larger audience in for the forum and also include a breakout session regarding mental health. • The youth suggested that there are more education and resources available for parents for help when they suspect their children are using alcohol or illegal substances. <p>Coalition members were asked to break into two groups to discuss Sustainability & Community Forum/Events.</p>

<p style="text-align: center;">Calendar Dates to Remember</p>	<p>Stewards of Children</p> <ul style="list-style-type: none"> • Tuesday, April 4th, 4 p.m. – 6 p.m. • Mora High School, Community Education • Stewards of Children focuses on adult education because ultimately, it is adults' responsibility to keep children safe. This training approaches the difficult topic of child sexual abuse in a way that is empowering, not fear-focused or depressing. It uses a practical, five-step approach to prevention and response that enables adults to protect the children in their lives and youth serving organizations. \$11 for training materials <p>RBST Training</p> <ul style="list-style-type: none"> • April 25th 5– 7 pm • April 26th 2 – 4 pm • Jail Training Room • Free of Charge • In partnership with the Kanabec County Attorney’s Office, Kanabec County Community Health and the Substance Abuse Coalition of Kanabec County (SACK), a Responsible Beverage Server Training (RBST) will be offered once again on April 25th and 26th. The training is intended for licensed alcohol establishments and their servers and sellers. The RBST will focus on preventing over service, impaired driving and underage sales.
<p style="text-align: center;">Meeting Evaluation & Adjournment</p>	<p>Next month’s meeting: Tuesday, April 4, 2017, 8:00-10:00 a.m.</p>