

# Substance Abuse Coalition of Kanabec County

**Better Choices | Better Life**



Substance Abuse Coalition  
of Kanabec County

TUESDAY, October 4, 2016 (8:00 a.m. - 10:00 a.m.)  
**Kanabec County Jail Training Room** - 100 S. Vine Street, Mora

Coalition Mission: *The Substance Abuse Coalition of Kanabec County promotes healthy choices in the community through prevention and collaborative partnerships for the reduction of alcohol, tobacco and other drug abuse among youth and residents.*

<p><b>Present</b></p>	<p>The meeting was held at the Kanabec County Jail Training Room.</p> <p>Sherri Adams, Jodi Billstrom (Parent), Kathy Burski (Local Government), Cally Hansen (Schools - Mora), Bob Jensen (School), Sandy Juettner (SACK Communications Consultant/Business), Cara Keinanen (Youth-Serving), Danielle Linkert (Local Government), Andrew Magaard (Law Enforcement), Lenore Martins (Volunteer-Schools), Doris Mork (Other Organization), Patti Miller (SACK Coordinator), Kari Moe (Other Organization), Jenny Morrison (Other Organization), Les Nielsen (Local Government), Amber Smith (Healthcare), Brian Smith (Law Enforcement), Vicki VanderVegt (Other Organization), Mickey VanVleet (Local Government), Youth Representatives from Mora School's ATI (2), Joy Wuestenhagen (Local Government), Deb Wright (Healthcare)</p>
<p><b>Introductions &amp; Announcements</b></p>	<p><u><i>New DFC Coordinator</i></u></p> <ul style="list-style-type: none"> <li>• The coalition was excited to meet the new DFC coordinator Patti Miller.</li> <li>• She has been a resident of the Mora area for almost 18 years and is excited to be a part of the DFC program and the SACK coalition.</li> </ul> <p><u><i>Parking lot</i></u></p> <ul style="list-style-type: none"> <li>• This presentation was a good start for conversations and education on sex trafficking.</li> <li>• More information on sex trafficking at local casinos.</li> <li>• Would like more information on sexual exploitation of young tribal members and relating to gang enrollment.</li> <li>• I think that our schools should be given this information. Social workers at school should show the DVD to students.</li> </ul> <p><u><i>Year 7 budget and upcoming Year 8</i></u></p> <ul style="list-style-type: none"> <li>• Year 7 ended September 29 and Year 8 began September 30. There are some leftover funds because the coordinator resigned and it was not filled immediately. In January the budget report will be completed with the request that the remaining funds be carried over. Discussion will be held if there is a specific project that the coalition would like to do with those carryover funds.</li> <li>• The Year 8 budget consists of:             <ul style="list-style-type: none"> <li>○ Salary and fringe benefits costs - \$93,000</li> <li>○ Program costs - \$32,000, which includes evaluation, marketing contract, funds provided to youth and schools, compliance checks, travel costs which includes training and misc. supplies.</li> </ul> </li> <li>• Once the budget is complete coalition members may request a copy.</li> </ul>

- When the years increase, the In-Kind increases as well. Everyone was reminded to complete the In-Kind forms including any activities that can be counted as In-Kind. In-Kind has to match half of the fund which is approximately \$156,000.

ATI updates

- Youth attended We Day, which was started over 20 years ago to help people in Africa. It has grown into a national organization that equips schools. Throughout the year youth do different service projects and fundraisers. They pick a country and a project to fund. All the schools in Minnesota come together to celebrate the youth's efforts. Speakers included talks about Girl Love and how to celebrate each other instead of being jealous each other. "Don't get bitter, get better" was their slogan. This has already been seen in school among the students.
- Red Ribbon (substance prevention week) is October 22 – 30. The youth will be providing a presentation regarding substance abuse and introducing ATI to the 7<sup>th</sup> graders.
- There is talk to do a Drug Force Task presentation at Ogilvie and ice cream social.
- In November ATI will hold a mentoring event at Trailview. This includes lunch and recess with the younger students.
- It was asked by a coalition member if Trailview still has the MATI program. ATI youth leader said it was very helpful when the high schoolers can spend time with the MATI group so that when the students get to 7<sup>th</sup> grade they are more encouraged to join ATI.
- Not only do the younger students love the mentoring, but the high school students enjoy it as well.

OWN It! updates

- Pictures were passed around to the coalition of the youth attending the We Day event
- The students enjoyed presentations from Astronaut Buzz Aldrin, George Takeai from Star, Lily Singh, Paula Abdul and Jordan.
- Overall it was a very fun year again at WE Day. The youth will be discussing the day at our OWN It meeting this week.

August/September DUI Stats

- August DUI's: 4 – 4<sup>th</sup> Degree; 2 – 3<sup>rd</sup> Degree (3<sup>rd</sup> DUI's includes one aggravating factor (i.e., prior DUI's, over twice the legal limit or a child on board)
- September DUI's: 2 – 4<sup>th</sup> Degree
- Year to date: 18 – 4<sup>th</sup> Degree; 11 – 3<sup>rd</sup> Degree (1 resulting in a motor vehicle accident; 3 refusals (won't agree to test so it is charged out as a refusal)
- August Drug Arrests: 3 – Small Amount Marijuana Possession; 5 – Meth Possession; 1 – Controlled Substance/Opiates
- September Drug Arrests: 5 – Small Amount Marijuana Possessions; 5 – Meth Possession
- Year to Date Drug Arrests: 17 – Small Amount Marijuana; 1 – Large Amount Marijuana; 37 – Meth Possession; 2 – Controlled Substance Possession/Opiates
- Two search warrants – which produced large amounts of marijuana being grown. Over 100 plants were seized with one warrant. The other was a recently purchased property with a "wild grow" of over 500 plants.
- Biggest drug possession was between the ages 18 and 45.
- DUI age range – 18 to 64; Ages 46 – 64/11 DUI's; Ages 26-45/12 DUI's; Ages 18-25/8 DUI's

- The report was passed around for the coalition members to review. This review includes charges from the Kanabec County Sherriff's office only.
- Coalition members asked if it would be possible to get the stats from the State Patrol. Sheriff Smith thought it would be possible to get them if they are processed through the jail.

Compliance Check

- A round was just completed. Alcohol has not been completed yet.
- There were two fails for tobacco compliance checks: Mr. D's BP and Federated Coop failed.
- There have been far more tobacco failures than the alcohol failures in the last two years.
- It has been found that these compliance checks lower the stats greatly with the youth compared to other surrounding counties. Kanabec County is in the low 10% for DUI's and crashes. Because of the low rate the county has lost the Towards Zero Death grant towards Safe Roads Coalition. Because of the loss, the Highway Department, Sherriff's Office and the East Central Regional Development Center are now going to fund the Safe Roads Coalition.
- There is still a Towards Zero Death Enforcement grant which applies to overtime for officers to focus on traffic related problems (distracted driving, DUI's, seat belts and speed). This grant has been reduced by \$8,000 compared to previous years.
- They did meet with Senator Franken recently to try to get the funds reinstated from the Towards Zero Death grant.
- There will be a DUI enforcement between Thanksgiving and Christmas. Distracted driving enforcement in the spring. Also a speed enforcement in the summer.
- It was noted that the compliance check is important to getting the message out to the youth that they are being done and, therefore, limiting the access to youth. Other regions are not doing compliance checks and their numbers for failures are higher.
- Members asked Sheriff Smith to define Compliance Checks. Two officers share the responsibility to enlist youth that are under 18 for tobacco checks to be a decoy and attempt to buy cigarettes. The decoys for alcohol are over 18, but under 21 years of age and try to buy alcohol in establishments that both on sale and off sale.
- Consequences for the establishment include a citation for sale to a minor. If an establishment has more than two failures in a calendar year, their license to sell maybe suspended. Sheriff Smith indicated that the establishments have been very responsible and have addressed the problems.
- The Responsible Beverage Training provided by the coalition has been very beneficial to the community. The training is free and is a requirement of licensing. It also provides a discount for DRAM Shop insurance if the establishment provides training. It is felt that this program is very important. There has been a decline in alcohol related crashes do to the training. Establishments really like the training and now call and ask for training for new employees.

2016 Overcoming Racism Conference

- Will be held October 28-29 at Metropolitan State University, St. Paul, MN. Flyers were available for coalition members.

Additional Sex Trafficking Training Offered

- Shunu Shrestha, who was a presenter from the Sex Trafficking presentation, had

	<p>thanked the coalition for the evaluations regarding the recent presentation.</p> <ul style="list-style-type: none"> <li>• Since there was a great interest from the coalition to learn more about the assessment/process to identify at risk and/or sexually exploited youth, she would love to schedule a follow-up training.</li> <li>• The training would also include the Northeast Area Regional Navigator, Anne LaFrinier-Ritchie.</li> <li>• Further discussion will be held regarding a future training.</li> </ul> <p><u>Program Sharing Conference</u></p> <ul style="list-style-type: none"> <li>• The 42<sup>nd</sup> Annual Minnesota’s Prevention Program Sharing Conference will be on October 20-21 at St. Cloud River’s Edge Convention Center. It is an exemplary 2-day learning opportunity about alcohol, tobacco, and other drug abuse prevention in Minnesota. If anyone is interested in attending, please contact Patti Miller.</li> </ul> <p><u>Community Forum</u></p> <ul style="list-style-type: none"> <li>• It will be held in late November at the Mora High School. The workgroup consists of: Tracee Anderson of Minnesota Teen Challenge, Brent Thompson, Barb McFadden, Brian Smith, Sarah Ellstrom, Sandy Juettner, Lenore Martens, Bob Jensen and Patti Miller. Most members felt that it would be beneficial to have food at the forum. Tracee Anderson is helping put the forum together and helps publicize the forum. Cara Keinanen the Community Outreach &amp; Aftercare Coordinator of MN Adult &amp; Teen Challenge will email Tracee to see if she can help facilitate the forum.</li> <li>• Brent Thompson applied for some funding for food support, advertising and daycare to help with the community forum. The funding of \$5,000 was applied for two separate forums, one in Kanabec County and one in Pine County.</li> <li>• It was suggested that maybe ATI could help with the daycare.</li> </ul>
<p style="text-align: center;"><b>Opioid Symposium Updates</b></p>	<ul style="list-style-type: none"> <li>• In 2013-14 the deaths had started to level off, but it has now changed. Over 19,000 people die every year from prescription drug abuse in America. The overall overdose death rate is now approaching 50,000 every year.</li> <li>• Fentanyl, which is an extremely high potency prescription opioid which is now being made illicitly.</li> <li>• There has been a huge shift to Mexican heroin and the Fentanyl being brought in from China.</li> <li>• Last year there were 13,000 Fentanyl seizures by the DEA which correlates to the overdose deaths.</li> <li>• A question was posed to Brent Thompson if FirstLight was doing anything to address the issue of the misuse of prescription opioids. FirstLight address regulatory issues at monthly meetings.</li> <li>• Street Value of a kilo of heroin is \$80,000 a kilo of Fentanyl is over \$2,000,000.</li> </ul>
<p style="text-align: center;"><b>Ideas/Discussion</b></p>	<p><u>Ideas for upcoming year 8? What is going well? What would you like to see different?</u></p> <ul style="list-style-type: none"> <li>• Work with Coborn’s Pharmacy to provide its customers information about the Drop Box.</li> <li>• Maybe have the pharmacy personnel verbally tell the customer where to dispose of the unused prescription. That the drug is addictive and not to share your medication with anyone, that it is illegal.</li> <li>• One suggestion would be to have it printed on the Coborn’s pharmacy bag.</li> <li>• More conversation needs to be done about disposing of unused prescription drugs so that it is not stolen or misused by others.</li> <li>• Change the language about what is in your medicine cabinet, i.e., using words like</li> </ul>

	<p>heroin.</p> <ul style="list-style-type: none"> <li>• Don't advertise your medical problems, surgeries, etc. with the world.</li> <li>• Clean out your loved one's medicine cabinet after their death.</li> <li>• If you are taking care of a loved one and helping with their medications, make sure that they are locked up and put away every day.</li> <li>• Give smaller amounts in the prescription, so over excess is not wasted.</li> <li>• Put something in the Advertiser about a public service announcement about prescription medication and that it is also known as heroin. Highlighting statistics about overdosing and prescription medication.</li> <li>• Is it possible for a mobile drop box available to the assisted living facilities?</li> <li>• Need to get back to writing articles for the Kanabec Times more frequently. Sheriff's office and Drug Task Force contributions would be beneficial.</li> <li>• How strong is the social media campaign (Facebook/Twitter)? It will reach more of an audience and is more frequently used. ATI and OWN It! both have a Facebook account. ATI would like to implement a Twitter account.</li> <li>• The SACK website is now being set up that if anything is posted it will automatically post to all social media websites.</li> <li>• Possible future training on social media – Snap Chat/Facebook/Twitter.</li> <li>• Get the Community Forum Workgroup together. Cara Keinanen would like to be included on the list for the workgroup.</li> <li>• Check with school to schedule forum.</li> <li>• New Drug curriculum (D.A.R.E. – like program) funding for law enforcement to provide this to six graders. Could coalition do the grant piece for this and have Sheriff Smith provide the presentation.</li> <li>• Carol will forward another grant program to Patti which is called Preventure. This program is similar to the D.A.R.E. program which takes surveys at the schools to help identify some of the personality traits that have addictive personalities. They then do training for those addictive type personalities.</li> <li>• Cardinal Health, which is a drug distributor, has a program called Generation RX. They present to elementary, middle schoolers, teenagers, college students and adults. Might be beneficial to look at this training.</li> <li>• More community events for teens to keep them occupied.</li> <li>• Sponsors are needed because grant funds are lower this year.</li> </ul>
<p><b>Meeting Evaluation &amp; Adjournment</b></p>	<p>Next month's meeting: Tuesday, November 1, 2016, 8:00-10:00 a.m.</p>