

# Community Presentation



Hazelden Betty Ford  
Foundation



## WARP SPEED

Parenting Teens in a Digital Age

Jessica Wong

Regional Director of Outreach



Light  
Breakfast  
Served

**Tuesday, September 26th**

**8:30 a.m. - 10:00 a.m.**

**Kanabec County Jail Training Room** 18 North Vine, Mora, MN

*About the presentation:* In today's fast paced world, technology is evolving more rapidly than our ability to understand its long-term impact on our society and our kids. While the use of technology certainly has its benefits, there are also applications that put our kids at greater risk for developing problems with things such as drugs and alcohol or bullying. This fun, fast-paced and interactive presentation will provide an overview of how kids are using technology, what they are using, the impact technology is having on social and emotional development, and how to help kids use technology in a balanced and safe way.

*About the presenter:* Jessica oversees a team of individuals whose primary function is to provide resources and education to professionals and families around the topics of addiction, recovery, and mental health. Jessica is currently the Co-Chair of the Partners in Prevention coalition in the west metro community, and is a Certified Prevention Professional by the State of Minnesota.



Please join us for this FREE, informational and educational presentation!

RSVPs appreciated to: Patti Miller Ph. 320.679-6330 | [patti.miller@co.kanabec.mn.us](mailto:patti.miller@co.kanabec.mn.us)