



# **Better Choices | Better Life**

Substance Abuse Coalition of Kanabec County

## **Annual Report**

## **Better Together**

**2016-2017**





# DRUG-FREE Communities

The Substance Abuse Coalition of Kanabec County (SACK) was awarded the Drug-Free Communities Grant in September of 2009. This grant provides the funding needed to address youth substance use, specifically underage drinking, youth marijuana use, and prescription drug misuse.

## What Do We Know About Prevention?

- Youth substance use is strongly influenced by adult use of substances.
- People are at highest risk for addiction during adolescence. People who don't develop a substance use problem by the age of 21 are less likely to do so later in life.
- Risk factors for youth substance use include access to and availability of drugs, perception of the risks and consequences of substance use, social pressure, and lack of parental involvement.
- Social rejection, violence/bullying, school failure, depression, and teenage pregnancy are often problems associated with youth substance use.
- Prevention programs that reach young people in a range of activities (schools, family, worksites, faith communities, athletic organizations, and others) have a stronger impact than those programs limited to one setting.

## Comparing our Kanabec County student survey data year over year we found:

- The perception that there is a risk of harm when using substances use is lower. :(
- The perception about the number of students that use versus the actual number of students that use is improving. :)
- Understanding of the negative consequences related to substance use are getting better. :)

## Based on our data, we have identified the following local problems:

- Youth have access to alcohol in the home.
- Adults 21 and over are supplying alcohol for youth.
- Youth are not receiving consistent messages for underage drinking or recreational marijuana use.
- Prescription drugs are readily available in homes.

\* Minnesota Student Survey 2013 & 2016, DFC Survey 2012 & 2015

## Meeting Times & Information:

SACK meets the first Tuesday of each month from 8:00–10:00 AM in the Kanabec County Jail Training Center 18 North Vine, Mora, MN 55051

## Coalition Coordinator:

Patti Miller  
Substance Abuse Coalition of Kanabec County  
905 East Forest, Suite 127, Mora, MN 55051  
[Patti.Miller@co.kanabec.mn.us](mailto:Patti.Miller@co.kanabec.mn.us)  
320-679-6321



[www.sackcoalition.org](http://www.sackcoalition.org)





# Prevention Works

Most Kanabec County students **DO NOT** use\*:

Alcohol: 82% have NOT used in the past 30 days, a 6% improvement  
 Marijuana: 90% have NOT used in the past 30 days, a 5% improvement  
 Rx Drugs: 95% have NOT used in the past 30 days, a 4% improvement  
 Tobacco: 87% have NOT used in the past 30 days, a 3% improvement

Most students have **NEVER** used\*:

Alcohol: 66% have NEVER used, up from 60%  
 Marijuana: 82% have NEVER used, up from 77%  
 Tobacco: 83% have NEVER used, up from 80%

\* Minnesota Student Survey results 2013 vs. 2016

**AUGUST 17, 2017** Library Park

**HOTEL FOR DOGS**



7:30p Slam Dunk & Basketball  
 8:30p Free Movie: **Hotel for Dogs**



**Better Together** SACK



## Responsible Beverage Server Training

Kanabec County retailers must require all employees who serve alcohol to complete an annual program of responsible beverage server training (RBST) as a condition of their liquor license renewal. The Kanabec County Attorney and SACK team up to offer this training several times each year.

## Heroin & Opioid Abuse

**Kanabec County Community Forum**

**November 29, 2016**  
**5pm - 8pm @ Mora High School**

**Free Community Dinner - Childcare Available**

**United We Stand**



## Compliance Checks

SACK partners with the Kanabec County Sheriff's Office to complete alcohol and tobacco compliance checks at all retail locations in Kanabec County on a bi-annual basis. Our retail community is dedicated to abiding by local, state and federal laws when serving alcohol and tobacco products. In the past year, they have maintained an almost perfect record for passing their compliance checks!



## Sticker Shock

Sticker Shock is designed as a program for students to remind adults that it is unacceptable and illegal to provide alcohol to anyone under the age of 21.

The North Country Bottle Shop has partnered with SACK and Mora's youth group, Above the Influence (ATI), for the 3rd year to implement a Sticker Shock campaign in conjunction with prom and graduation season.



# Is the Party at YOUR HOUSE?

Mora and Ogilvie students remind you to please be aware of under aged guests at your parties. Kanabec County and the City of Mora have social host ordinances that make you responsible as host.

## What is a Social Host Ordinance?

A Social Host Ordinance prohibits and establishes penalties for any person hosting an event or gathering where alcohol is present and is being possessed or consumed by persons under 21 years of age. It is **ILLEGAL** to allow underage drinking whether the property owner is present or not. Potential consequences: 90 days in jail and/or a \$1,000 fine.

## Better Choices | Better Life

Funding for this publication was provided by a grant from the MN Department of Human Services Alcohol & Drug Abuse Division

**OWN IT!**  
Ogilvie, We Act Now!



**1080** In the  
past year  
**lbs**  
from May 1, 2017



of unused prescription drugs have  
been collected in Kanabec County!

Safe, Convenient, Confidential | Available 24/7/365 | Prescription & non-prescription

**Drug Drop Box** Kanabec County Jail Lobby 18 N Vine St, Mora, MN

Safe Disposal  
of Prescription Drugs

Reduces Access & Abuse  
in our Community

# Prevention Works!

No needles, sharps, or personal care products. No mercury, bio-hazardous, chemo, or radioactive waste.

## Join Us!

- Offer your skills if you specialize in areas like media and marketing, fundraising, and grant writing.
- Become a member of the SACK Coalition
- Promote and support the SACK Coalition as well as the Mora and Ogilvie youth groups.
- Like our Facebook page and sign-up for our e-Newsletter to keep up to date on the latest news & events
- Volunteer to help us with events and activities.
- Encourage the students around you to join and /or support one of our youth groups. Mora Above the Influence (ATI) or Ogilvie We Act Now (OWN-IT).



Like our **Facebook** page and  
sign-up for our **monthly e-Newsletter**

For more information and helpful resources, please visit: [www.sackcoalition.org](http://www.sackcoalition.org)

