

Substance Abuse Coalition of Kanabec County

Better Choices | Better Life



Substance Abuse Coalition
of Kanabec County

TUESDAY, February 8, 2018 (8:00 a.m. - 10:00 a.m.)
Kanabec County Jail Training Room - 100 S. Vine Street, Mora

Coalition Mission: *The Substance Abuse Coalition of Kanabec County promotes healthy choices in the community through prevention and collaborative partnerships for the reduction of alcohol, tobacco and other drug abuse among youth and residents.*

<p>Present</p>	<p>The meeting was held at the Kanabec County Jail Meeting Room</p> <p>Amber Aasen (Schools - Olgilvie), Kathy Burski (Local Government), Amber Hosie (Healthcare), Cara Keinanen (Healthcare), John Lindblom (Healthcare), Barbara McFadden (Justice and Corrections), Patti Miller (SACK Coordinator), Kari Moe (Co-Chair Youth-Serving), Doris Mork (Other Organization), Brent Nelson (Schools - Mora), Les Nielsen (Local Government), Sue Nielsen (Parent), Lucille Schultz (Volunteer), Judy Soderstrom (Faith), Brian Smith (Law Enforcement), Brent Thompson (Healthcare), Jenilee Telander (Regional Prevention Coordinator), Joy Wuestenhagen (SACK Assistant) and Deb Wright (Healthcare).</p>
<p>Presentation & Discussion</p>	<p>Brent Thompson presented on SACK Coalition Data and Strategy Report. For a copy of the presentation please contact Patti Miller.</p>
<p>Coalition Point-of-View</p>	<p>New vs. Existing POV Questions:</p> <p>Why do you think this coalition is important to the community?</p> <ul style="list-style-type: none"> • Variety of different perspectives all working towards same goal • Helping make community healthier • Positive voice and providing valuable information • Getting the community together and providing education • Resource pooling • Important as coalition members to educate themselves on the impact of education and what it does to the community members <p>What are the coalition's greatest accomplishments?</p> <ul style="list-style-type: none"> • Positivity in the Park • Decrease in drunk driving in Kanabec County • Community prevention with Responsible Beverage Server Trainer / Sticker Shock • Healthy choices <p>What do you feel the coalition has taught the community about youth substance abuse and/or prevention?</p> <ul style="list-style-type: none"> • Showing the community can come together and make a difference • Problems do exist – provide awareness and education to the community • It has been shown that we need youth involvement to be successful <p>General feedback</p> <ul style="list-style-type: none"> • Good to see the data from EPI group to show progress to evaluate what works and what doesn't. • In the process of implementing DARE with ATI/Own-It! • School Resource Officer – SACK will schedule a future presentation from Justin. • Need to empower youth through mentorship • Possible future topics <ul style="list-style-type: none"> ○ Sexting – 9th grade presentation ○ Mental health – need to reach out to everyone (ACES/Asset Training) ○ Educate parents through social media ○ Teach life skills to youth to help make good and positive decisions • Coaches are beneficial in providing mentorship and identifying at – risk students

	<ul style="list-style-type: none"> • Need more letters to editors and other social media venues • Get college athletes to become mentors • Community Assessment Survey sites: <ul style="list-style-type: none"> ○ Coffee with a Cop ○ Coffee shops, deli, etc. ○ Chamber poll it's business members ○ Provide a table at school conferences ○ Coborns Pharmacy • A member suggested a good video to watch is Screenagers. It talks about what technology does to our youth. • Another video to watch is called Angst. The video is about anxiety and our youth. Each video costs around \$300. • Facebook is a great way to get to parents. Facebook will then redirect parents to SACK's website. • Snapchat and Instagram would be another venue to use. All social media outlets can be linked together.
<p style="text-align: center;">Coalition Partner Announcements</p>	<p>OWN IT! - Amber Aasen Recognition (BADGES)</p> <ul style="list-style-type: none"> • March 6 – waiting to hear back from county – surprise speaker - not confirmed yet • February 23 - Speaker V.J. Smith, author of “Richest Man in Town” that has a message that gratitude can change your life. • February 1 – Amber Aasen and Cal Wright received an Recognition award from B.A.D.G.E.S. <p>Random Acts of Kindness, Drug Fact Week</p> <ul style="list-style-type: none"> • A bulletin board was created at Kanabec County Public Health that has a February calendar which as a random act of kindness idea for each day of the month. <p>FirstLight Health Systems</p> <ul style="list-style-type: none"> • Cape my 5K – Walk/Run/Fly – Super hero theme June 2, 2018 at 9:00 a.m. “There is a hero inside all of us, we just need the courage to put on the cape.” Capes will be provided, super hero costumes encouraged, but not required. • Random Acts of Kindness – Week of February 12th – Seeds of Happiness theme randomly handing them out to the community. <p>Family Pathways - Informational Program Workshop</p> <ul style="list-style-type: none"> • Thursday at Pine Tech Refuge will provide a presentationsl of their services.
<p style="text-align: center;">Adjournment</p>	<p>Next month's meeting: Tuesday, March 6, 2018, 8:00-10:00 a.m.</p>