

Substance Abuse Coalition of Kanabec County

TUESDAY, April 5, 2019 (8:00 a.m. - 10:00 a.m.)
Kanabec County Jail Training Room - 100 S. Vine Street, Mora

Better Choices | Better Life



Substance Abuse Coalition
of Kanabec County

Coalition Mission: Promote community health through positive choices.

<p>Present</p>	<p>The meeting was held at the Kanabec County Jail Meeting Room</p> <p>Kathy Burski (Local Government), Sarah Ellstrom (Schools – Mora), Amber Hosie (Healthcare), Cara Keinanen (Youth-Serving), John Lindblom (Healthcare), Lenore Martens (Volunteers - Schools), Barbara McFadden (Justice and Corrections), Patti Miller (SACK Coordinator), Doris Mork (Other Organization), Les Nielsen (Local Government), Liz Payne (Law Enforcement), Christine Sand (ATI - Advisor), Brian Smith (Law Enforcement), Brent Thompson (Healthcare), Jenilee Telander (Regional Prevention Coordinator)</p>
<p>Coalition Partner Announcements</p>	<p>Community Presentations</p> <p>ACE’s Workshop Thursday, April 25, 2019 9:30 am to 12:30 pm Kanabec County Jail Training Room RSVP: Jenilee Telander – 320-679-6440 or jenilee.telander@co.kanabec.mn.us</p> <p>QPR Training</p> <p>SACK Updates</p> <p>04.9K 0 Alcohol for 9 Months Awareness Walk, Run, Roll! Raising Awareness of Fetal Alcohol Spectrum Disorder Saturday, May 11, 2019 10:00 am Mora Elementary School</p> <p>Drug Drop Box</p> <p>Take Back Day – April 27th – Colborn’s Pharmacy 10:00 am – 2:00 pm</p>
<p>What to do and why?</p>	<p><i>Why do we do what we do? Your WHY</i> <i>Why does SACK do what we do? Coalition/PH WHY</i> <i>What have we done? (see Ripple Map)</i> <i>What can we continue to do?</i> <i>What MORE can we do?</i></p> <p>Pieces the coalition are missing:</p> <ul style="list-style-type: none"> • <u>Vaping and e-cigarettes</u> – <ul style="list-style-type: none"> ○ There is a need for more messaging regarding it vaping. It will lead to tobacco and nicotine and is the the cause of most of preventable chronic diseases. ○ Engaging youth in the schools with messaging and education about vaping. Conversations with the youth group for suggestions on what they feel can be done. Maybe make videos to share messaging. ○ SACK recently purchased nicotine posters for the Mora school health offices. ○ Education is more important than the enforcement piece of awareness. This can be achieved by the SRO by making extra connections and helping education of the dangers of vaping, drug, controlled substance and alcohol use ○ Students reporting vaping at school has been less frequent because it has become the “norm”.

	<ul style="list-style-type: none"> ○ Parent education is an important part. ○ Isanti and T-21 worked on their initiative for over a year. First they started with community education, forums in Braham, Cambridge and Isanti, went through media channel. This was done with a very strategic approach. The first step would be to start an educational forum for the community and see what kind of response happens. Natural media coverage could occur from the forum. FirstLight would be good a good partner. ○ A small group could be formed to meet and decide on how to go forward. ○ Need strong media connection and awareness and more active in messaging. <ul style="list-style-type: none"> ● Marijuana is still a problem and difficult with the passing of medicinal and push to pass it recreational. ● It was suggested that if the coalition would send more stories with pictures to Kristen Faurie at Kanabec Times she will most likely publish it. This should be done at least monthly. The coalition could as local servers for their input regarding the ordinances and how it has affected their businesses. ● Ask the youth have its own articles submitted to Kanabec Publication for publication. ● The coaliltion needs to maintain its existing strategies that are already active. ● Seniors citizens need more education and awareness to the issues. ● Education by a respected physician or respiratory therapist on what E-Cigs/vaping are made of and what effects it has on the user’s body. ● Create an educational piece to attach to Coborn’s bags regarding the hazards of vaping. ● More events at the Paridise Theatre and Positivity in the Park to build relationships with families and community members. ● Need to find out what the 11 – 14 year old youth would like to see in the Positivity in the Park activities. ● Positivity in the Park – survey indicated that people would like more movies, maybe in the fall too. ● Meet with the new Mora Public librarian who has lots of excellent ideas for Positivity in theePark. ● It was suggested that the coalition reach out to the new librarian and invite her to attend a monthly meeting. ● SACK could possibly sponsor a band at one of the Music in the Park events. ● SACK participation at National Night Out. ● Make a calendar of upcoming events and what level of presence SACK wants there, what it looks like and who wants to be there. ● Each Committee should meet outside the SACK meeting. *Start with first two committees and then expand from there. <ul style="list-style-type: none"> ○ Calendar of Events* – Christine Sand ○ Event Committee* <ul style="list-style-type: none"> ▪ Vaping Committee – Lori Swanson, Barb McFadden ▪ Sticker Shock – ATI ▪ Media Committee – Barb McFadden, Jenilee Tealander, Patti Miller and Brent Thompson to contribute articles to paper. ▪ Youth Articles for the Paper – approach creative writing class assignment? 9th grade health class does a presentation on drug related issue. ▪ Social Host – ▪ Summer Events - ▪ National Night Out – ▪ Mental Health –
<p>Adjournment</p>	<p>Next Meeting will be <u>Tuesday, May 7, 2019.</u></p>